



Standing Together for Equity

Empowering Women Since 1881

BRANCH LINES

Kick-off Meeting

By Kathy Novotny, Program Vice President

Mark your calendars! The Kickoff will be on Saturday, September 14. Come hear presentations from the Sierra College Scholarship recipients, the Tech Trek girls, and the high school scholarship Winners. These programs are funded by our Branch dollars- Come and find out how our fundraising efforts have benefited these women and girls. Details below:



September 14th - Saturday

AAUW Roseville-South Placer 2024-2025 Kickoff meeting

Time: 10am - 12 noon



RSVP link: [Events | AAUW-RSP Branch Site \(aauwrosaillesouthplacer.org\)](https://aauwrosaillesouthplacer.org)

Where: **Granite Bay Library**
6475 Douglas Blvd.
Granite Bay, CA 95746

Light refreshments, Door prizes,

AAUW's 'Final Friday of the month' Happy Hour is back!



Sept. 27 from 4-6
Citizen Vine
846 Twelve Bridges Dr, Lincoln

Tapas, flatbreads, tacos and more. Join us to mingle and catch up. And if you joined last September, it's time to renew! You can drop off your renewal (fee \$116) at this event. Bring a friend - if they join at this event, they get 50% off national dues.

Philanthropy Corner

By Juanita Garcia, Philanthropy Vice President

Did you know that nearly 50,000 organizations in the U.S. are dedicated to women and girls, yet they consistently receive **less than 2% of all charitable giving**, according to research by the Women's Philanthropy Institute (WPI)?

AAUW Roseville South Placer Branch is one of those 50,000 charitable organizations dedicated to girls and women. One of our priorities is to promote girls and women pursuing higher education and careers, and we do this through sponsoring scholarships to *Tech Trek* for middle school girls; college scholarships for high school girls; and Sierra College scholarships for college women.

So, every year we need to raise funds to support these scholarships. You'll hear about our fundraising plans at our 2024-2025 Kick-Off Meeting on September 14.

Our first BIG fundraiser is supporting the 2024 National Election through working a Voting Center at the Lincoln Library in November. We have the opportunity of raising \$4,000 to support our scholarship programs. If you'd like to join our Vote Center team, please contact me

Spotlight on: Lynn Cook

By Lora Finnegan, Membership Vice Present



A sleek, stylish blonde that could have been a stand-in for Eva Marie Saint in the movie *North by Northwest*. That was my first impression upon meeting Lynn Cook years ago. She and I worked together preparing the program for one of the early *Women of Distinction* fundraising dinners, and I found her to be meticulous, helpful, and generous. A member of our branch since 2014, Lynn has worked on many committees and devoted hundreds of hours to volunteering, earning the coveted Eleanor Roosevelt award in 2022. Lynn has acted as new member orientation chair, high school scholarship chair, Sierra College scholarship chair, and served on many committees. Most recently, she has gotten the new Gov Trek program off to a flying start.

"When I was new to the branch, Lynn was so helpful and kind," notes Patricia Goldman. "She made sure I knew about upcoming events and welcomed me when I got there."

Past president Sanchia Spadow notes, "Lynn is someone who sees a need and steps forward to help. She's not a person looking for accolades, she looks for ways to make the Branch successful." Sanchia adds "Lynn is a gracious, caring person and someone you want to work with on a project because she is focused and goal oriented. I've had the pleasure of working with her on the high school scholarship committee and saw her passion for young people in person. I hope I will have that opportunity again."

Even in unofficial capacities, Lynn has had a positive impact. "She and I were part of a group trip to Ashland, Oregon, last year when I began having equilibrium issues," said Kathy Kort. "She was a saint for three days helping me get around Ashland when I was not feeling well. "

“Lynn has always been a member that could be counted on to volunteer to help when needed,” says co-president Schelly Jensen. “But her real superpower is her kind and welcoming personality. She makes everyone feel welcome and included whether they’re a new member or a longtime member. “Thanks, Lynn, for all you do!



[Follow AAUW RSP on Social Media](https://www.facebook.com/AAUWRSP/)

<https://www.facebook.com/AAUWRSP/>

AAUW handbook online

The printed Handbook Directory has been posted in the Members Only secured section of our website @ www.aauwrosevillesouthplacer.org. To view the directory online, hover over the About Us menu item and Choose the Members tab from the drop-down menu. The password is in the front of the printed Handbook Directory. It is a standard pdf file; if you want to look someone up, you can either scroll down or search by using Ctrl F and typing in either a first or last name. Please take a minute to review your own name and let us know about any updates and/or corrections.

AAUW Website

We have made a few updates to the AAUW Roseville South Placer website. Please login to see the updates:

- ✚ NEW password for the “Members and Archive” sections
 - The new password is:
- ✚ New 2023-2024 Information and Pictures
 - Eleanor Roosevelt Honorees
 - Speech Trek
 - Tech Trek
 - HS Scholarships
 - Event page - Kickoff Meeting RSVP
 - Leadership page

Link: [Home | AAUW-RSP Branch Site \(aauwrosevillesouthplacer.org\)](http://Home | AAUW-RSP Branch Site (aauwrosevillesouthplacer.org))

Breaking news

The board has appointed Cindy Faulkner as the new VP of Finance. Cindy has lived in Sun City Roseville for 22 years after moving from Southern California. She joined AAUW because of her belief in the mission statement of the organization and her willingness to work for change. She became active in AAUW in various capacities. She will work hard to fulfill her responsibilities as VP of Finance.



Tech Trek, UC Davis 2024

By Carol Delville, Tech Trek Chair

All of the girls that we sponsored sent Thank You Notes to the branch. Appreciation and thanks were expressed over and over again!

- “This was an amazing opportunity! I look forward to meeting everyone this September.” Gurnaaz K.
- “I’m really happy that out of all the girls you interviewed, one of the girls you chose was me. I had tons of fun, especially dissecting lungs and am very grateful I had the chance to do so.” Zahra A.
- “The sponsorship that I received was a once-in-a lifetime opportunity! I learned so many things and had so much fun. I loved the Veterinary School visit and eating great food. The nomination was one of the best things to happen to me.” Athena F.
- “I’m so grateful for all the experiences I had here. I got to build a solar powered car, meet like-minded girls that love STEM like me, and stay on a college campus for the first time.” Nora K.
- “I really love the campus, counselors, and dorm moms. I do miss my mom, but I am extremely happy that the Roseville Branch helped me grow into a woman by providing me with this journey. Once again, I thank you for this amazing time and this experience. And for believing in me when I didn’t believe in myself.” Sophie B

This Election is Important!

By Sue Miller, AAUW CA Public Policy Committee

The 2024 U.S. election will have a major impact on gender equity in education, women’s economic security, and reproductive and civil rights. The good news? When women vote, we change the conversation! AAUW is encouraging all members to take part in a Get Out The Vote effort. To assist in this important work AAUW CA is presenting a webinar on September 23 at 7:00. This webinar will provide participants with necessary information and tools to successfully get out the vote including covering topics like voter registration, early voting, locating polling places, voter education, and community collaboration projects. We will work through an activity to help you, and the branch set action items. And, as this GOTV campaign is conducted in an increasingly polarized world, the webinar will also touch on how to have difficult conversations with others about political topics. Please put this date on your calendar. If you view the webinar and are interested in working on some portion of the GOTV, please contact me. If there’s enough interest, we can meet and organize how to move forward.

Please also check the AAUW CA and national AAUW websites. There will be a continuous flow of new information leading up to the November election, with action steps that can be taken in-person and online. Commit to being engaged in election activities.

Outreach

By Patricia Goldman, Outreach Vice President

Outreach is preparing an active 2024 – 2025 schedule. However, Gov Trek is being suspended by AAUW-CA for the year while it is being redesigned. There will be signup sheets at the September Kick-Off so please consider volunteering for a committee!

Committee Chairs are:

- AAUW Funds Sanchia Spadow
- High School Scholarships Joyce Kirk
- Sierra College Committee Lynda Stockwell
- Sierra College Scholarships Elizabeth Manning
- Speech Trek Michelle Colletto
- Tech Trek Carol Delville

Sierra College

By Lynda Stockwell, Committee Chair



Our Sierra College Committee hosted a membership and resource booth at the Sierra College Student Welcome Event on August 21st. Lynda Stockwell, Kathy Kort, and Dawna Hawksworth signed up new student members and spread the word to students and staff about our organization. Please view it our new branch webpage on the Sierra College website:

<https://www.sierracollege.edu/student-services/career-transfer-internship/prepare-for-a-career/>. It is nestled in the Student Success department under Careers and Transfer Connections to facilitate easy access to our programs and memberships and includes our AAUW web addresses. Future plans:

1. We plan to organize a Basic Needs donation drive in October. . . see suggested items below.
2. Megan Seely is again the AAUW Campus Representative & Feminist Action Club faculty advisor.
3. We will again host a table on campus at Club Days, September 24 & 25, 10 – 2 pm.

<p><i>Suggested Food Pantry Items:</i> Easy-to-Fix meals Soup, chili, stew, canned meats Top-Ramen Pasta and sauces Peanut butter or nut butters Jelly, cookies, cheese, Snack items: crackers, chips, nuts Protein bars, granola bars Staple flour, sugar, rice</p>	<p><i>Suggested Basic Needs closet</i> Fine clothes & shoes, <u>for interviews</u> Travel or regular sized toiletries Sealed toothbrushes & toothpaste Menstrual products Toilet paper Purell or wipes Misc. school supplies</p>	<p><i>Women's Center Items:</i> Tampons, sanitary napkins Body and face lotions, toiletries Purell or wipes for purse Baby diapers, breast feeding supplies</p>
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Current Interest Group Activities

Group Name	Leader	Meeting Day	Time
GREAT DECISIONS GROUP 2nd Friday of each month Mtg: Friday, Sept. 13 at 10:00 am Raley's Event Center, 1915 Douglas Blvd., Roseville Topic: "Invisible <i>Indonesia</i> " presented by Kathy Kort. Elsie:	Elsie Gaura	2 nd Friday of-each month Sept. 13	10:00AM
WEDNESDAY MORNING BOOK GROUP Zoom meeting – turn on your computer, iPad, Kindle Fire or smartphone! We will be reviewing <u>From a Far and Lovely Country</u> by Alexander McCall-Smith	Nancy Taylor	3 rd Wednesday of each month Sept 18	10:00AM
WEDNESDAY EVENING BOOK GROUP Book/author: <u>Hang the Moon</u> by Jeanette Wells Host/Reviewer: Barbara Gorden For additional information, please contact Jenny Griffin	Jenny Griffin	Wednesday Sept 4	6:30PM
MAH JONGG GROUP To join, contact Joyce Wade Joyce:	Joyce Wade	1 st & 3 rd Thursdays Sept 5 at Brenda Knaack Sept 19 at Cathy Razumich	1:00PM
CHICAGO/DUPICATE BRIDGE GROUP Leslie:	Leslie McNeill	2 nd Wednesday of each month Sept 11th	1:00 PM
CASUAL GARDENERS GROUP To join, contact Diane Madden Diane:	Diane Madden	1 st Wednesday of each month: Sept 4	10:15AM
RUMMIKUB at Sandy Haley's in Sun City Roseville RSVP to Sandy Call or text: Please, include your name	Sandy Haley	Monday Sept 16	11:00 AM

Current Neighborhood Group Activities

Lincoln/Loomis Neighborhood Group. I would like to introduce myself as the new Coordinator for this upcoming year. I look forward to hosting monthly gatherings for us to relax and explore together. I will host our first gathering at my house. If you are available on Tuesday, **Sept 17th from** 3pm-5pm, please join me. Casual and open door, so come for a few mins or the duration. Just bring a neighbor and a smile and come to: Sela Greenhouse,. Please try to RSVP by the kickoff meeting.

Roseville Neighborhood Group. All members are invited to attend.
We meet on the 3rd Monday of every month at 9:am for breakfast at Timbers: 7050 Del Webb Blvd., Sun City Roseville.
Following breakfast, anyone who wants to play Rummikub is invited to Sandy Haley's home, close to Timbers. Stay for as many games as you want, but not past 1:00 PM.

For Monday, **September 16**, please, RSVP by noon Friday, September 13. If you receive Sandy's email you can reply to it or call or text . Please, include your name and if you plan to play Rummikub after breakfast.

Rocklin Group. Group contact is Lynda Stockwell, or Elizabeth Gonzales ,. For September, the Rocklin Group will attend the Kickoff Meeting **September 14**, 10 - 12 pm, at the Granite Bay Library.
Contact Lynda Stockwell, for more information.
If you are interested in taking a student-led group tour of Sierra College in September or October, please contact Lynda Stockwell for information.

*** 2024 Words of Wisdom ***

Change

When I think of change and how best to handle it, I think of a sail catching the wind. With each change in wind direction, the sailor must adjust the sail to go in the desired direction.

I approach my life in the same way. I could see change as an annoyance and let it frustrate me, or I could adapt and tweak my point of view to stay pointed in the right direction. Change may be adjusting the sails of my thoughts and attitudes, or it may mean charting a new course.

If I stay on my current course, I may find myself repeating unproductive actions that have not resulted in my preferred outcomes. When I step out in faith, I open myself to new opportunities. With each change, I remain peaceful and confident and set my sails for success.

I flow with life's changes

From the ticking of a clock to the movement of molecules, life is in a constant state of motion and adjustment.

Sometimes I feel unsettled and anxious when faced with shifting circumstances. Meditation gives me comfort and strength to let go of fear and anxiety and accept life as it is. When I think of the transitions I have been through, I remember how many led to positive experiences—even the ones that didn't become opportunities for growth. That awareness helps me when things break down or fall apart and I am called to rebuild and start anew.

I move forward knowing my innate resiliency is supporting me as I face the unknown with faith and courage.



Linking together for our mission.

Board meeting

The next Branch Board Meeting is September 9. We will meet at (10 am) Raley's O-N-E Market | 1970 Blue Oaks Blvd, Roseville, CA 95747. All members are welcome. **Please send an email to the President if you plan to attend and if you have something to add to the meeting agenda.**

For updates in real time, please visit our branch website at

aaurosevillesouthplacer.org